



MS Views and News Invites You to an Informative MS Educational Event

Partnering with and Understanding a Comprehensive MS Care Team

THE COMPASS TO CARE FORUM

MAY 28th 2019

5:27pm registration * 6:02pm program begins

An educational program focused on empowerment through understanding the many aspects of living well with MS

A Special Round Table Discussion with Guest Presenters:



Marwa Kaisey, MD
Cedars-Sinai Neurology



Pavle Repovic, MD, PhD
MS Center Swedish Neuroscience



Roopa Bhat, MD, PhD
Bellevue Neurology & Neuroscience

Learn from three top MS neurologists as they share their perspectives on Eight important topics during a candid roundtable crossfire discussion – Moderated by Stuart Schlossman
40 minutes – plus a 35 minute interactive Q&A with the audience

- Topics:** *Multiple Sclerosis Today vs. Years Ago* *Different Types of MS*
- * Understanding Options* - *Talking about Recognizing and Managing MS Relapse*
 - * What a Comprehensive Healthcare Team Is, In Relation to Multiple Sclerosis*
 - * The Importance of Wellness for the Patient and the Care Partner*
 - * MS Symptoms Management* and *Mental Health in MS*



Plus: Get ready for Wellness That Works! – Learn about the power of movement, strength and exercises designed for fitness at any level
a 25 Minute discussion plus 5 minutes of Q&A

- An introduction to physical fitness in MS at any level –
- The benefits of staying active with Adaptive exercises you can incorporate into your daily life.

Jeffrey Segal, NSCA-CPT, CSCS, CPTS, CPR/AED - Personal Trainer and MS Exercise Expert



A Special Presentation: A Journey through MS While Understanding Specialty Pharmacy, Insurance Authorizations, Step Therapy and Much More

- *Preparing to Make Shared MS Treatment Decisions
- *Helping us Understand the Complex World of Insurance Approval of Your MS Treatment of Choice*

Gary Owens, MD, Medical Management Consultant - a 30 Minute presentation + 30 mins of Q&A

Date: May 28th, 2019

5:27pm check-in

6:02pm – Program Begins

Complimentary Dinner

**Location: Seattle Marriott Bellevue
200 110th Avenue NE, Bellevue, WA, 98004**

[Google Map](#) (Valet Parking at Hotel for Patients – PAID by MS Views and News)

Register (RSVP) Online at: www.events.msvn.org

If you do not have internet access, please call (888) 871-1664 - Ext 102

Program limited to The MS Patient plus a maximum of (2) Guests

No children permitted under the age of 16 unless this child that has MS

This education event was supported by:



and



EXHIBITORS:



Program provided by MS Views and News, a 501C3 not for profit organization

MS Views and News is MAKING a Positive IMPACT on those affected by Multiple Sclerosis